

MOIST MIXED GRASSLAND ECOZONE

Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Moist Mixed Grassland ecozone*, which includes: **Alberta AB, Lethbridge AB, Drumheller AB, Saskatoon SK, Rosetown SK, Moose Jaw SK, Regina SK and Estevan SK**. Always try to find local sources for native plants.



Common Yarrow



Showy Milkweed



Purple Prairie Clover



Blanket Flower



Prairie Goldenrod



| Common Name | Botanical Name | Height | Flower Colour | Flower Season | Sun | Soil | Pollinators | Butterfly Host Plant |
|-----------------------------|-------------------------|--------------|----------------------|---------------|----------------------|---------------|---------------------------------|----------------------|
| Common Yarrow | Achillea Millefolium | Less than 1m | White to pink | April – Oct | Sun to partial shade | Dry | Bees | X |
| Lavender Hyssop | Agastache Foeniculum | 0.6-1.2m | Blue, purple | July – Aug | Sun to partial shade | Dry to normal | Bees, butterflies, hummingbirds | |
| Autumn Onion, Prairie Onion | Allium Stellatum | Less than 1m | White to cream, pink | July – Sept | Partial shade | Dry to moist | Butterflies | |
| Wild Columbine | Aquilegia Canadensis | Less than 1m | Yellow, red | April – July | Sun to partial shade | Dry to moist | Bees, butterflies, hummingbirds | |
| Showy Milkweed | Asclepias Speciosa | 1m | White to pink | June – Aug | Sun | Moist | Bees, butterflies | X |
| Fireweed | Chamerion Angustifolium | 1-1.5m | Pink | June – Sept | Sun | Moist | Bees | |
| Purple Prairie Clover | Dalea Purpurea | Less than 1m | Purple, pink | June – Sept | Sun | Dry | Butterflies | |
| Prairie Fleabane | Erigeron Strigosus | Less than 1m | White to pink | April – May | Sun | Well drained | Bees, butterflies | |
| Joe Pye-Weed | Eutrochium Maculatum | 0.6-1.8m | Purple, pink | July – Sept | Sun to partial shade | Normal to wet | Bees, butterflies, hummingbirds | |
| Blanket Flower | Gaillardia Aristata | Less than 1m | Yellow, red | July – Aug | Sun | Dry to normal | Butterflies | |
| Meadow Blazingstar | Liatris Ligulistylis | Less than 1m | Purple, pink | July – Aug | Sun | Dry to normal | Butterflies, hummingbirds | |
| Wild Bergamot | Monarda Fistulosa | Less than 2m | Pink-purple | May – Aug | Sun to partial shade | Dry to moist | Bees, butterflies, hummingbirds | |
| Lilac-Flowered Beardtongue | Penstemon Gracilis | Less than 1m | Purple | May – June | Partial shade | Moist | Bees, hummingbirds | |
| Prairie Goldenrod | Solidago Ptarmicoides | Less than 1m | White, yellow | Aug – Oct | Sun | Dry to normal | Butterflies | |
| Heath Aster | Sympphytum Ericoides | Less than 1m | White to cream | Aug – Oct | Sun | Dry to moist | Bees, butterflies | X |